Industry Experts Briefing







# 1 HOUR PROJECT





### Matt Molina-Pethers

Co-Founder of 1 Hour Project Award-winning expert in Talent Acquisition



# Our Team



### **Dr Manny Contomanolis**

Chair 1 Hour Project

### **Terence** Perrin

Co-Founder of 1 Hour Project Award winning expert in Talent Acquisition and Learning and Development



### **Bob Athwal**

Co-Founder of 1 Hour Project Award-winning coach, author, speaker and Early Careers specialist



### Fiona Belk

Co-Founder of 1 Hour Project Learning and Development Expert



# What we know about these learners

- A sense of not belonging
- Shortcomings in academic preparation
- Lack of social and cultural capital
- Limited professional network
- Lack of role models and mentors
- Time
- Delayed or confusion
- Underemployment in the labour market

# Context

As part of Bob's research, 3 things that make a difference to levelling the playing field:

- Build confidence toolkits
- People vouch for them speak up on their behalf
- Access to professional networks

= 1 Hour Project





## Our vision

• Levelling the playing field for all students

### Our mission

- Provide access this talent base gets lost, they don't have access to people like you professionals
- Early adopters community of people wanting to help
- Please be patient with us volunteers
- Positively impact 5000+ students annually
- Ensure growth and sustainability of the project
- Continuous evaluation of the impact with Prof. Tracy Scurry, Newcastle University

officeforstudents.org.uk

Coronavirus (COVID-19) - guidance for providers and students

Office for Ofs Students

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Home > For students

- > Student outcomes and employability
- > Graduate employment and skills guide
- > Develop skills

## Training and mentoring opportunities

Training and mentoring can help you to develop skills, build you network and learn more about sectors or careers you might be interested in.

Graduate Mentoring Opportunity	+
1 Hour Project	+
SEO London	+





# Your 1 hour conversation

Timeline Vouch process Preparation...



# **1 HOUR PROJECT** Student Preparation

### Cappfinity VEE

A platform to prepare, upskill and level the playing field for all candidates

Cappfinity Virtual Experience and Engagement(VEE) provides an unbiased way to assess talent, providing more opportunity and exposure for students from historically underrepresented groups, traftilionity missed by many campus recruiting efforts.

#### Once you are ready... Please complete the following sentence:

"My name is....and I would like to get the following out of the 1 hour conversation....."

Please record a 30 second (or less) video and send it to us via Panopto (video@1hourproject.org).

Alternatively you can send us your video via snapchat (Username – onehourproject) or send us your response in less than 100 words via <u>this form.</u>





### Be trustworthy

Making a great impression depends a lot on how trustworthy you seem. Making a good impression matters, yes, even in a video call.



Be genuinely interested in the other person. Come prepared with questions based on your research of the industry, it indicates your interest.

Watch this video

Discover what you can about their workplace and experiences. Make a positive impression whilst they discover who you are.

Prepare using the DATA<sup>o</sup> Model

#### DISCOVER ADAPT

at you can workplace nces. Make ppression g discover y ourself in a better yourself in a better position to achieve your goals.

Consider what you need to adapt to put yourself in a better conversation?

TAKE ACTION

ACHIEVE What have you

What have you gained from this conversation?

> the student 1 HOUR project\*

# Industry Experts Preparation

### The expectation

How do we make an impact in an hour?

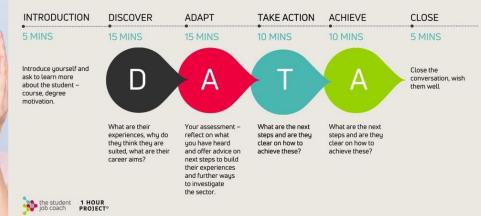
Remember, this is the first time that this individual may have experienced an opportunity like this, therefore you know there will be nerves.

In that hour lies an opportunity for you to give a great overview of your sector. Please reinforce that this is your perspective and encourage them to do further research.



### Suggested agenda

In the 1 hour, we would advise that you may want to follow a simple format like The Student Job Coach  $\text{DATA}^{\otimes}$  Model



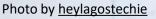


## **1 HOUR PROJECT** Your 1 hour conversation

Timeline Vouch process Preparation ...Build confidence - video Safeguard Success

Easy										
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		-	Hour call? (opt 3	ional) 4	5	6	7	8	9	10
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ow prepared 0 - not at all, 10	d did you feel 1 D - extremely pr	during the 1 H 2 repared		4	5	6	7	8	9	10







# Next steps



Inspiring our future workforce

For the project:

- Evaluating the 1 Hour Project in schools
- Different approaches with students
- Help with Fundraising
- Launch in Ireland and USA

For you:

- Follow our LinkedIn page, Twitter and Instagram page
- Add us as a trusted email
- 1 hour conversations might not be immediate
- Some specific industry gaps
- Feedback and queries: <a href="mailto:expert@1hourproject.org">expert@1hourproject.org</a>
- Subscribe <u>Admin@1hourproject.org</u>

Thanks for your support



# Questions?